


2021

# Individual & Family Health Plans

BENEFITS SUMMARY



**friday**<sup>®</sup>  
health plans



Here's how to make the most of your health plan's benefits to keep you healthy inside and out. And of course, we have you covered if you get really sick or hurt.

## No cost? Yes please.



### Unlimited \$0 Primary Care Visits On Many Plans

Easily take care of yourself and your family when you're sick or hurt with \$0 doctor visits.\*



### \$0 Annual Wellness Exam

Say your yearly "hello" to your annual wellness exam, be proactive with a flu shot, and check out other preventive services that help you stay healthy.\*



### Unlimited \$0 Mental Health Visits

Because we believe that mental health is as important as physical health, Friday offers many plans with \$0 mental health visits.\*\*



### \$0 Preferred Generic Drugs

Thousands of \$0 preferred generic drugs on many plans.\*\*\*

## Convenient coverage. Around the clock.



### \$0 for Teladoc Services

Reach a doctor 24/7 from your phone or computer, wherever you are.\*



### Urgent Care Clinic Visits

\$75 copay before deductible on most plans.

**For a full list of benefits, provisions, exclusions and limitations, and to see everything included in Friday's plans and networks, please contact Friday Health Plans.**

\*Per ACA guidelines, if your doctor does additional tests or provides treatments, you may have additional costs.

\*\*Covers counseling visits only.

\*\*\*Based on Friday Health Plan formulary, which is subject to change.



# Friday Health Plans Benefits Overview

Friday Health Plans are ACA-compliant—we include all essential health benefits and do not exclude anyone for pre-existing conditions.



Plans/Visits	CATASTROPHIC (BELOW AGE 30)	BRONZE	BRONZE HSA	BRONZE PLUS	SILVER	GOLD
Individual Deductible / Family	\$8,550 / \$17,100	\$8,550 / \$17,100	\$6,900 / \$13,800	\$8,550 / \$17,100	\$5,500 / \$11,000	\$2,300 / \$4,600
Individual Max Out of Pocket / Family	\$8,550 / \$17,100	\$8,550 / \$17,100	\$6,900 / \$13,800	\$8,550 / \$17,100	\$8,550 / \$17,100	\$8,250 / \$16,500
Annual Wellness Visit	\$0	\$0	\$0	\$0	\$0	\$0
Primary Care Visit	3 visits at \$0, then \$0 after Deductible	\$0 after Deductible	\$0 after Deductible	\$0 per Visit	\$0 per Visit	\$0 per Visit
Mental Health Visit	\$0 after Deductible	\$0 after Deductible	\$0 after Deductible	\$0 per Visit	\$0 per Visit	\$0 per Visit
Teladoc*	\$0 per Visit	\$0 per Visit	\$0 per Visit	\$0 per Visit	\$0 per Visit	\$0 per Visit
Specialist Visit	\$0 after Deductible	\$0 after Deductible	\$0 after Deductible	\$0 after Deductible	20% after Deductible	20% after Deductible
Urgent Care Visit	\$0 after Deductible	\$0 after Deductible	\$0 after Deductible	\$75 per Visit	\$75 per Visit	\$75 per Visit
X-ray and Imaging	\$0 after Deductible	\$0 after Deductible	\$0 after Deductible	\$0 after Deductible	20% after Deductible	20% after Deductible
Inpatient Stay	\$0 after Deductible	\$0 after Deductible	\$0 after Deductible	\$0 after Deductible	20% after Deductible	20% after Deductible
Emergency Room	\$0 after Deductible	\$0 after Deductible	\$0 after Deductible	\$0 after Deductible	50% after Deductible	50% after Deductible
Drugs	CATASTROPHIC (BELOW AGE 30)	BRONZE	BRONZE HSA	BRONZE PLUS	SILVER	GOLD
Preventive ACA Drugs	\$0	\$0	\$0	\$0	\$0	\$0
Preferred Generic	\$0 after Deductible	\$0 after Deductible	\$0 after Deductible	Up to \$25 Copay	\$0	\$0
Preferred Brand	\$0 after Deductible	\$0 after Deductible	\$0 after Deductible	\$0 after Deductible	20% after Deductible	20% after Deductible
Non-Preferred Generic / Brand	\$0 after Deductible	\$0 after Deductible	\$0 after Deductible	\$0 after Deductible	50% after Deductible	50% after Deductible
Specialty Drugs	\$0 after Deductible	\$0 after Deductible	\$0 after Deductible	\$0 after Deductible	50% after Deductible	50% after Deductible

Covered benefits apply only within the Friday provider network, except in medical emergencies.

\*Teladoc is a value-added service, does not apply toward deductible or max out-of-pocket.

# Friday Health Plans Texas

Friday Health Plans is offered to Texans in the following counties:

+ Bexar    + El Paso    + Lubbock    + Travis  
+ Dallas    + Harris    + Tarrant

Friday's health network gives you access to providers and facilities across Texas.

Your benefits are covered when you use in-network doctors, hospitals or facilities, except in a medical emergency. Provider network and provider participation may change.



**No referrals** for most doctors, services and specialists in the Friday network.



**Visit the medical provider lookup at [providersearch.fridayhealthplans.com](https://providersearch.fridayhealthplans.com)**

for a full list of in-network doctors and facilities.

+ Plus additional independently contracted pediatricians, OBGYN's and primary care doctors in all regions.



**Teladoc.com** allows you to chat with a doctor 24/7 by phone or online.



**Dispatch Health** is a mobile urgent care service that comes to you.

**friday**  
health plans



## Access Your Health Plan Anywhere

### Download the Friday Mobile App

- + Display ID cards
- + Find a doctor
- + Make a payment
- + View claims



Follow Friday Health Plans for tips on how to get the most out of your health plan, member perks, and more!



**WE'RE HERE TO HELP**

**844-451-4444**

**questions@fridayhealthplans.com**

**ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística.

Llame al 844-451-4444 (TTY: 800-735-2989).

This document provides a brief overview of the benefits and services offered for certain plans. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. To request a copy of the Evidence of Coverage, call **844-451-4444** or visit **fridayhealthplans.com**.

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